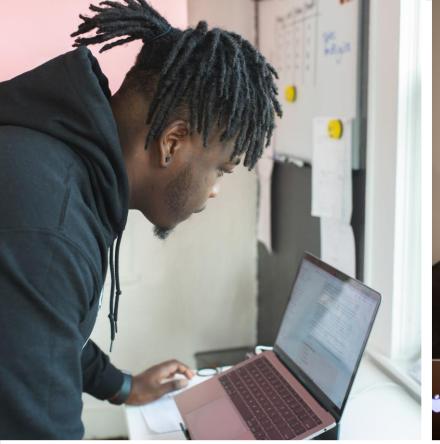




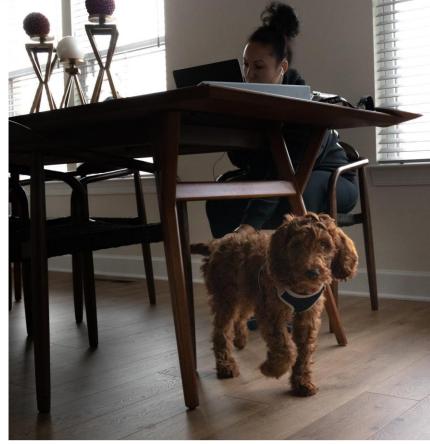
You are a whole person...











CARE

CONNECTION • AWARENESS • RESILIENCE • EXPANSION

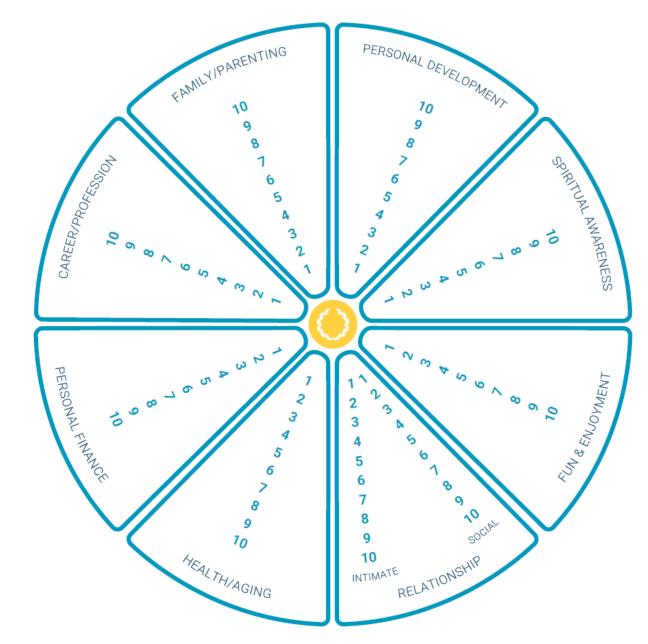




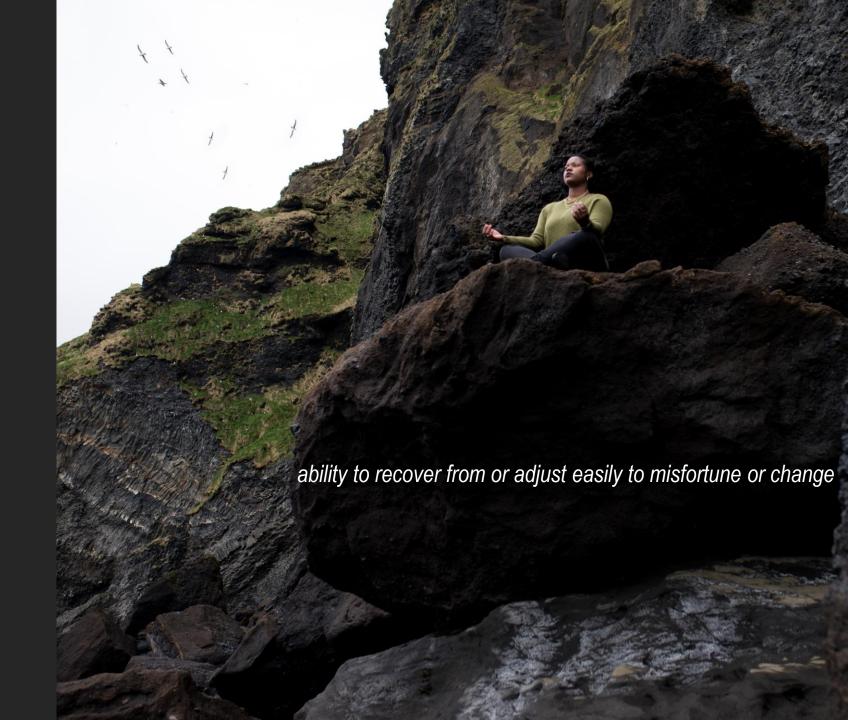
Awareness



Wheel of Life



Resilience



Building Resilience

Purpose

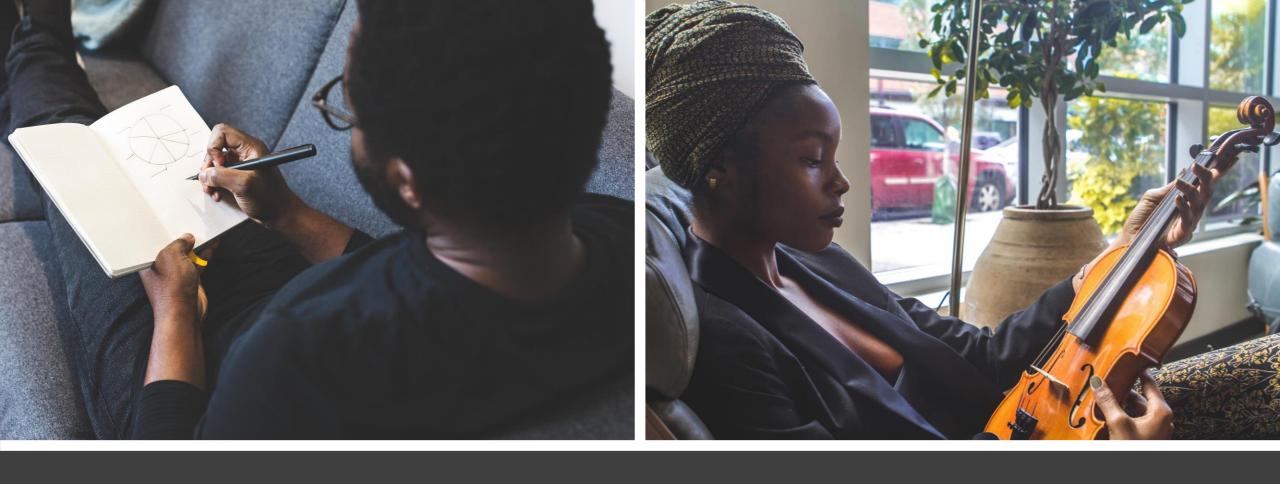
Values

Resources and Support Structures

Growth Mindset

Seek Feedback





Expansion





Thank You!

Tonya Echols, PCC, CPA techols@vigeresolutions.com



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